

Readers Corner

Discussion questions for April 29, 2025

Anxious People by Fredrik Backman

- **Have you read any other books by Fredrik Backman? If so, how did this book compare to *Anxious People*?**
- **Nadia (the psychologist), James (the police officer), Zara, and Estelle all have stories tied in some way to the bridge. What does the bridge represent to each of them? Has the bridge's meaning changed for them by the end of the book? If so, how?**
- **How did you feel when the identity of the bank robber was revealed? Were your assumptions challenged? How does the author manage to keep this a surprise?**
- **At the start of *Anxious People*, the author tells us, "This story is about a lot of things, but mostly about idiots." In what ways are these characters acting like idiots? At the end of the book, do you think that's still a fair description of them?**

Questions adapted from:

https://www.simonandschusterpublishing.com/downloadables/80856/80856_AnxiousPeople_RGG.pdf